## **Turning Point Scotland**

## North Ayrshire Prevention, Early intervention and Recovery (P.E.A.R.) Service

## **Covid-19 Response**

As a result of the Covid-19 outbreak and new Government guidance we have had to make drastic changes to the way we work. This has been an incredibly difficult time for our service as we are acutely aware that we are a lifeline for a huge number of our service users.

As of Tuesday 24<sup>th</sup> March 2020, all of our staff are now working from home as per Government guidance. As a result of this we have had to make the difficult decision to close our office base in Stevenston.

We made the decision last week, following Government guidance, to cease all of our group work activities on Friday 20<sup>th</sup> March 2020. We were hoping to continue one-to-one working however this has not been possible due to new guidance published.

We will continue to offer support to all of our service users over the phone and via any other virtual means possible to them. We will continue to accept new referrals and will carry out assessments over the phone. The new referrals will be allocated a keyworker immediately after assessment and support for them will take place as quickly as possible. Our phone lines are being diverted and we will continue to be contactable on the details below between the hours of 9am-5pm, Monday – Friday.

We have set up an emergency Facebook page (details below) and are hoping to deliver some groups via this as well as some mindfulness sessions. **This is not a crisis page and will not be monitored on a regular basis.** 

For anyone requiring a little extra, we have prepared some information packs that include recovery worksheets, short stories and poems, meditation guides and adult colouring sheets. We will continue to distribute these to anyone that requires this.

We would like to express our thanks to all of our partners and service users who have been supportive and understanding throughout this difficult time.

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