



Folks,

I'm hoping that you've seen the information about the Community Hubs that are being set up in Irvine, the Three Towns, Garnock Valley, Kilwinning, the North Coast and Arran.

If not, please get in touch and we can share that with you.

The hubs will co-ordinate support to our most vulnerable throughout the Coronavirus outbreak.

If you'd like to help but aren't sure how or even where to start, the two Community Coaches with the Be Inspired project can provide you with support to get you started.

We can provide that support through emails, phone calls, video calls and social media.

If you'd like to get that support so that you can work with the community hubs please just get in touch with us at the following:

Telephone:

Barbara - 07729 716997

Chris - 07729 713433

Email:

Barbara - barbara@tact.scot

Chris - chris@tact.scot

Website:

www.tact.scot/be-inspired

Social Media:

Instagram - @tactbeinspired

Facebook - TACTbeinspired

Twitter via - @TayrshireCT



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